

I'm reminded that we just have to think about one mother and baby at a time, and change will happen, facilitated by members of WABA's extended family network.

– Sallie Page-Goertz, ILCA and former ILCA liaison to WABA



Dr Audrey Naylor

Online Resources for Healthcare Professionals

Led by Dr Audrey Naylor in the earlier decades, Wellstart's Lactation Management courses were among the top two global courses on breastfeeding for healthcare professionals, alongside the London IFE course. As funding declined and the Wellstart central office closed, leadership moved to making training resources available online. Over the years, WABA has promoted Wellstart's 'Lactation Management Self-Study Modules Level 1' intended for use by medical and nursing students as they begin their clinical assignments. Currently in its 4th edition the Self-Study Modules are also available in Spanish and Indonesian. As WABA's Core Partner Wellstart International envisages this tool as a way to help increase general knowledge on lactation, and to promote breastfeeding to health care providers irrespective of their areas of specialisation.

Another set of reliable resources for healthcare professionals come from the Academy of Breastfeeding Medicine (ABM), also a Core Partner of WABA. ABM develops clinical protocols which serve as guidelines in caring for breastfeeding mothers and infants. WABA actively shares and promotes these protocols, which are available online at ABM's website www.bfmed.org. One such Protocol is the Breastfeeding-Friendly Physicians' Offices Protocol, which is an evidence-based guideline with specific recommendations to encourage and guide physicians in this effort. The two most recent ones are Protocol #18 on the *Use of Antidepressants in Nursing Mothers* (2015) and Protocol #26 on *Persistent Pain* (2016).