

Juntos participants had more deliveries at a health centre, more checkups and more vaccinations. Deliveries at home are associated with perinatal mortality, postpartum morbidities and anaemia in women (McDermott *et al.* 1996; Iyengar 2012), and as part of the health checkup, children are subject to growth monitoring and vaccinations, thus preventing some diseases (Centers for Disease Control and Prevention (CDC) 2013). Additionally, during the checkup, children receive vitamins and iron supplementation (Dirección General de salud de las Personas 2011).

In conclusion, we found evidence that Juntos reduced the risk of underweight in women and anaemia in children at the individual level. We also found a beneficial effect on overweight in women and acute malnutrition in children, but an adverse effect on anaemia in children at the district level.

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Conflicts of interest

The authors declare that they have no conflicts of interest.

Contributions

JEP collected, analysed and interpreted the data and wrote the initial draft of the manuscript. CCC, AN and JSK significantly contributed to the design, analysis

and report. In addition, they reviewed initial and final drafts of the paper and provided feedback and contributions. All authors critically reviewed and agreed with the final contents.

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