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### **CAREER EDUCATION:**

2014- Circle of Security Parenting Training, Perth, Australia  
 2012- CIMI Certified First Touch Infant Massage Instructor with IAIM (Intl. Assn. Infant Massage) Australia, an official Partner to the World Health Organization Maternal, Newborn and Child Health Program  
 1989- International Board Certified Lactation Consultant, continuously certified (IBLCE) each 5 years by CERPS and each 10 years by exam  
 1985-93 Voluntary Breastfeeding Counsellor, Nursing Mothers Association Australia, now ABA  
 1989 Midwifery Refresher Course, KEMH and Swan Districts Hospital  
 1976-77 Midwifery Training, KEMH, Subiaco, Western Australia  
 1971-74 General Nursing Training, Fremantle Hospital, Western Australia

### **SKILLS and CAREER EXPERIENCE:**

#### **Perth, WA: 2012-**

- 2015 IBJ proof reader, Supervisor Lisa Amir, La Trobe Uni, Melbourne, Australia
- Lactation Consultant Services, CIMI and IBCLC

#### **Kent, England: October 2008-June 2011 4 hours per week, NHS:**

- Peer Support Locality Trainer and Supervisor, then casual to Feb 2012, ECKNHS Trust
- **October 2009-2014 Voluntary ILCA**
- International Lactation Consultant Association (ILCA) Board Director, Director of Professional Development, an NGO with WHO

#### **January 2008-June 2012 6 hours per week, NHS:**

- Commence and facilitate a weekly community based Breastfeeding Drop In Centre, Seashells Children's and Families Centre and Lilypad Surestart Children's Centre, Isle of Sheppey, and Milton Court Surestart Children's Centre, Sittingbourne, Kent, ECKNHS Trust

#### **Penang, Malaysia: September-December 2007 Full time Voluntary:**

- Inaugural ILCA/WABA (World Alliance for Breastfeeding Action) Fellowship residential in Penang- capacity building, advocacy, developed and facilitated initial training for Mother to Mother Peer Supporters. Introduction to ICDC and VIPP.

#### **Kent, England: December 2003-June 2007 30 hours per week (1.5 FT post job share) NHS:**

- Resumed Infant Feeding Specialist post for the MTWNHS Trust, at Pembury and Maidstone Hospitals, until the post was made redundant. Role as per previous post 2000-2001 and:
- Commenced and facilitated two community based breastfeeding drop-in centres in Surestart Children's Centres, to accommodate areas of inequality in health.
- Trained Primary Care Trust (PCT) staff and mother to mother peer supporters
- 2004 Achieved Baby Friendly Initiative (BFI) Certificate of Commitment for both hospitals,
- Designed the breastfeeding training for the pilot scheme of community based Maternity Support Workers,

#### **Gabon, West Africa: December 2001-December 2003 20 hours per week, Voluntary:**

- Lactation Consultant, across all clinical areas at L'Hôpital de Ntchengue, Port Gentil.

#### **Kent, England: June 2000-November 2001 20 hours per week (1 FT post job share) NHS:**

- Infant Feeding Specialist, a newly created specialist midwifery post MTWNHS
- Designed and facilitated various mandatory BFI training programs: see COURSES DESIGNED
- Assisted with 'problem' feeding across all clinical areas

- Established and co-facilitated a weekly hospital based breastfeeding drop in centre- all health visitors, midwifery, nursing and medical staff were encouraged to attend.
- Initiated the Baby Friendly Initiative, chaired the monthly multi-disciplinary and consumer meeting.

**Kent, England: February 1994-June 2000:**

- Self-employed Lactation Consultant- conducted private consultations, designed and facilitated a 3, 2, 1 day multi-disciplinary lactation course, ENB approved Uni. of Brighton.
- 1994-2000 Specialist Midwife/Lactation Consultant (IBCLC) at Pembury Hospital, Kent- honorary contract.
- 1995-2000 Part time Lecturer in lactation and breastfeeding, School of Nursing and Midwifery, University of Brighton and University of Greenwich.

**Western Australia, 1970-1993:**

- Midwife and registered nurse various hospitals in Perth metropolitan area.
- 1979-80 Field Nurse/Midwife, Community Health Service, Port Hedland, Full time, working with the indigenous people at Strelley Station. Also provided basic First Aid training for the Elders of the Community.
- 1974-5 Paediatric Ward Manager, Port Hedland Regional Hospital, Dept of Health, RGN, Full time

**PROFESSIONAL DEVELOPMENT COURSES ATTENDED and ACCREDITATION:**

- 2014 Circle of Security Parent Trainer, 4 day training, Perth
- 2014 Lactation Summit: Addressing inequalities in the Lactation Consultant Profession, Inaugural 1 day, Phoenix, Arizona, USA.
- 2013 IAIM CIMI update course, 4 day, Perth
- 2012 First Touch Infant Massage Program Instructor Training (CIMI), IAIM, 4 day program + assessment, Ngala Belmont, WA
- 2009 Infant Feeding in Emergencies, Modular Online Course, ENN
- 2008 Institute of Child Health (ICH)/Uni College London, 5 day, Breastfeeding; Practice and Policy Course, Breastfeeding: Addressing Challenges to Optimal Practice and Application, Module 2, London, UK
- 2008 Canterbury Christ Church University, level 3 module, Biological Nurturing, 10 week,
- 2007-11 Annual Criminal Record Board clearance/Safety to Work with Children Certificate, UK
- 2007 UNICEF, IBFAN, Implementing the Code on the Marketing of Breastmilk Substitutes, 7 day, Penang, Malaysia
- 2007 VIPP, Visualisation in Participatory Process Training, 4 day, Penang, Malaysia
- 2006 Annual Midwifery Mandatory update, Maidstone and Tunbridge Wells NHS Trust, Kent, UK
- 2005 Open University, Human Biology, UK
- 2005 Open University, Explaining the Emergence of Humans, UK
- 2005 Open University, Understanding Mammals, UK
- 2000 Understanding Newborn Behaviour, 2 day, NBAS, Winnicot Baby Unit, St Mary's Hospital, Paddington, London, UK
- 1996 University of Brighton, Certificate in Applied Professional Studies, Facilitating Learning in Higher Education, Brighton, UK.

**PROFESSIONAL DEVELOPMENT:****COURSES DESIGNED and FACILITATED:**

- 2012 Modular online breastfeeding course, author, Mother and Baby International, <http://motherandbabyinternational.com/infant-feeding.html>
- 2009 Children's and Young People's Services, Bexley, Breastfeeding Outreach Training, 12 hour
- 2007 WABA, Penang, Mother to Mother Peer Supporter, 8 hour.
- 2003 MTWNHS Trust, Pilot Scheme Community Based Maternity Health Worker Training, 4 hour
- 2005 Doula Advance Breastfeeding Training Day, 6 hour
- 2000-07MTWNHS Trust, (K&SNHS Trust) 18 hour multi-disciplinary, mandatory training programme For nursing, midwifery, paediatric staff across all clinical areas, and Health Visitors,

4 hour mandatory annual infant feeding update for nursing and midwifery staff, 2 hour mandatory orientation programme for all medical staff, 8 hour training programme for peer supporters who assist in the breastfeeding drop in centres,

1993-2012 Designed and continuously facilitate the 3 day (20 hour), 2 day (14 hour) and 1 day (7 hour) multi-disciplinary healthcare teaching programmes, and 8 hour Antenatal Breastfeeding Workshop for Families

1990 Edith Cowan University, Churchlands Campus, Perth, Co-designed and facilitated Issues and Updates in Lactation Courses 15 hour Midwifery module.

#### **RESOURCES DESIGNED:**

CD ROM:

2005 MTWNHS Trust Designed a 'Baby Friendly' intranet self-directed learning mandatory CD Rom: installed in all clinical areas across the Trust.

DVD:

2009 ECKNHS Trust, Swale Families Talk Breastfeeding, Swale, UK

#### **MATERIALS CONTRIBUTED:**

2011-15 ILCA/IBLCE Care Award hospital reviewer

2009 Pub: WHO/NHD Consultation on Approaches for Scaling Up Breastfeeding Interventions at Community Level, Publication: Learning From Large Scale Community Based Programmes to Improve Breastfeeding Practices, represented ILCA.

2007-14 ILCA reviewer Injoy DVD x2

2007 NHS Scotland, M. Edwards, Uni of Stirling, research

2004 CR Rom: UNICEF UK BFI, Contributing consultant

2004 CD Rom: S A Spencer, E Jones, A Woods, Breastfeeding, Matrix Multimedia.

2001 Thurrock Primary Care Trust, The Peer Support Breastfeeding Support Programme, Gold Quality Award Winners 1996

1999 Training Manual: Thameside Community HC Trust, Training Manual of Lay Breastfeeding Supporters, C.Suppiah

1995 Training Manual: Royal College Midwives/Health Visitors, Invest in Breast Together Pack, London

#### **VOLUNTARY POSITIONS since 2007:**

- ILCA Annual Conference Program Committee 2009-
- ILCA/IBLCE Annual Hospital Care Award Assessor 2011-
- ILCA Board Member, Director of Professional Development 2009-2014
- La Leche League GB, Panel of Professional Advisors, UK 1999-2013
- ILCA, WHO/NHD Consultation on Approaches for Scaling Up Breastfeeding Interventions at Community Level, Publication: Learning From Large Scale Community Based Programmes to Improve Breastfeeding Practices, represented ILCA, 3 days. 2008
- WABA/ILCA Inaugural Fellow Chris Mulford Fellowship, Penang 2007
- ILCA, WABA Liaison then Regional Contact, Penang, Malaysia, 2007-2009
- Infant Feeding Specialist Forum, UK 1999-2011
- ILCA rep, WABA Global Breastfeeding Partners Meeting, 3 day 2007
- Baby Feeding Law Group, UK 2000-2011