



Wellstart International

A Proud Founding Partner of WABA

Report of Activities
10/2009 - 10/2010

Our Vision

All Infants, mothers and families will reach and maintain the highest possible level of health and wellness such that each individual will be able to achieve his or her full potential to enjoy life's opportunities and contribute to the peaceful progress of their national and the global community.

Our Mission

Wellstart International's mission is to advance the knowledge, skills and abilities of health care providers regarding the promotion, protection and support of optimal infant and maternal health and nutrition from conception through the completion of weaning.

Activities 2009-2010

1. With the help of 30 voluntary reviewers, completed the 3rd Edition of the Wellstart International Lactation Management Self-Study Module Level 1.
2. Uploaded this tool to the Wellstart web site for downloading and printing without charge.
3. Printed 1000 copies of this tool for those who prefer a printed copy. Have mailed out 975 copies also without charge.
4. A volunteer bilingual team has translated (and back translated) the Self-Study Modules into Spanish. It is currently undergoing final review for uploading onto the Wellstart web site and will very soon be available.

Activities 2009-2010 (continued)

5. The Self-Study Modules have also been translated into Indonesian and are now available in printed version (courtesy of the Indonesian Perinatal Society)
6. Developed an on-line "final exam" for the Modules. Anyone who gets a score of 80% or more correct answers will receive an immediate on-line, printable **Certificate of Completion** of the Self-Study Modules. This can be used by faculty or hospitals as confirmation of 3 or more hours of basic knowledge of BF management.
7. Wellstart International is a founding member of the US BC and participates in many activities of that national committee (health professional competencies, exclusive breastmilk feeding tool kit for hospitals to use in preparation for Joint commission review.



**Lactation
Management
Self-Study Modules**

Level I

Third Edition
2009



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"We are guilty of many errors and faults but our worst crime is abandoning the children, neglecting the foundation of life. Many things we need can wait. The child cannot. Right now is the time his bones are being made and his senses are being developed. To him we cannot answer 'tomorrow'. His name is Today."

Gabriela Mistral